ALL KIDS BIKE .org

Our mission is to teach every child in America how to ride a bike in kindergarten PE class

WHY IT MATTERS

35% ⇩ 35% drop in kids riding a bike recreationally in the last 10 years (2018)

7+ ⇧ Average hours per day children are spending on screen time (2018)

22% ⇧ Increase in the rate of childhood obesity among kids ages 2-19 during the pandemic (2020)

1 in 4 ⇩ Only 1 in 4 kids will ride a bike this year (2019)

18% ⇩ 5-year decrease in school-aged children getting at least 60 minutes of daily physical activity (2022)

21% ⇧ 21% Increase in behavior or conduct problems between 2019 and 2020

WHY ALL KIDS BIKE

By teaching bike riding at the entry level in a public school system, we are providing the knowledge and a positive foundation of a lifelong skill

Enhanced attention and engagement in the classroom

Amplified confidence & sense of accomplishment

Increased strength, independence & environmental awareness

Improved mental & social well-being

Increased balance, mobility, & safety

TEACHER TESTIMONIALS

"This has been an excellent addition to our PE Curriculum. Most of our students did not know how to ride a bike when we started the program.

It was so much fun teaching and watching our students learn how to balance while transitioning from the balance pedals to regular pedals. Their faces just lit up as they gained confidence and started pedaling on their own. The parents were amazed with the program and so grateful. They couldn't believe their students are now able to ride a bike."
Debbie Simonson, PE Teacher, FL

"I think we're changing lives with this program. It tells kids you can do anything; nothing is impossible."
Principal Kattia, Bronx NY

"Thanks to the All Kids Bike Program, our school will be one step closer to providing our kindergarten students with equitable access to the childhood rite of passage of riding a bike. The majority of our students do not have bikes at home, so given the opportunity to learn how to ride a bike at school students will develop physically and mentally, giving them greater self-confidence. This physical exercise will also provide an excellent alternative for our students to reduce stress resulting in better focus and positively impacting their academic performance.

Implementing the All Kids Bike Program is more than a rite of passage because it will impact our kindergarteners beyond the classroom by helping them maintain a healthy lifestyle, create long-lasting positive memories, and help them "wheel" to beautiful places and endless possibilities."

Jennifer Busch-Dixner, Community Focus Teacher, Lansing, MI

www.AllKidsBike.org

2221 N. Plaza Dr.
Rapid City, SD 57702

(605) 956-3877

All Kids Bike is a movement led by the Strider Education Foundation, a 501(c)3 nonprofit.

WITH A $6,000 DONATION, THE ALL KIDS BIKE KINDERGARTEN PE PROGRAM INCLUDES:

Teacher Training & Curriculum Certification

This proven curriculum aligned to SHAPE America National PE standards is specifically designed to make learning balance and riding easy in just 8 lessons.

A Complete Fleet of Learn-to-Ride Equipment

Included in the fleet are 24 bikes, pedal conversion kits, and helmets, + 1 teacher instruction bike. All with a lifespan of 7-10 years.

Fully Adjustable Helmets

Safety is always a focus in our learn-to-ride program.

Program Support

As long as you are running the program and teaching kids to ride a bike, we are here to support you!

Visit allkidsbike.org to learn how to help your favorite school get started today!